

# Bringing Families Back Together

Prepare • Connect • Process

The Bringing Families Back Together Program was developed to address common issues that children ages six and up experience when a family member is deployed and then returns home.

The Comfort Crew wants military kids to know they are not alone. Our mission is to ensure every military child receives the best tools, strategies, and technology to prepare them for challenges and have a positive impact on themselves, their family, and our country.

## Challenges

There are two million children that have one or both parents serving in the US Military. Unfortunately, the challenges do not end when their loved one returns home. After a prolonged separation everyone has changed! Learning how to live together again and function as a family, does not happen automatically.

## How We Help

The Bringing Families Back Together Program provides strategies to support resilience during all phases of the deployment cycle.

When the family member is scheduled for deployment CCMK will deliver *With You All the Way! Dealing With Deployment*. This is a comprehensive set of resources that guides families as they prepare for a deployment, includes activities to stay connected during deployment, and helps plan for their family member to return home.

When a family member returns, CCMK will deliver the follow up resource, *Together Again! Helping Military Families Reconnect*. For many families, reintegration is even more challenging than the deployment. This set of resources focuses on the unique challenges families experience during the reintegration phase of the deployment cycle.

## Key Numbers

- 2 Million: Children Affected
- 90 Thousand: Children Served
- 4: The average number of deployments per family

## Kit Essentials

### *With You All the Way! Dealing with Deployment*

- The journal includes prompts and space to write, draw, and share when a family member returns.
- The DVD is an animated movie highlighting common issues and strategies to process emotions.
- The Family Guidebook contains great information for the whole family.
- Cuzzie® is a plush bear offering comfort and companionship.

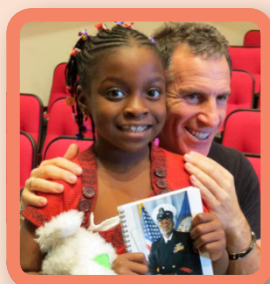
### *Together Again! Helping Military Families Reconnect*

- The journal includes prompts, space to write and draw, and ideas on how to get to know each other.
- The DVD is an animated movie highlighting common issues and strategies to process emotions.
- The Family Guidebook contains great information for the whole family.
- Cuzzie® Jr. (CJ) is a plush bear offering comfort and companionship.



## MORE INFORMATION

Military Families can request additional information about this program through our website [www.ComfortCrew.org](http://www.ComfortCrew.org).



### The Impact

"I wish I had something like this when I was a child. To be able to hold Cuzzie and have a special box to put things that remind you of the deployed person is wonderful."

— Military Spouse

"My step-daughter has been very depressed since her dad was deployed. You comforted her, listened to her, and gave her a few tips on how to deal with her feeling instead of being bullied by them. She immediately wrote her dad and planned what they were going to do when he comes back. Thank you, thank you, thank you."

— Military Spouse